



CEDAR
HILL

HIGHLIGHTS

NOMINATE YOUR NEIGHBOR FOR GOOD SAMARITAN AWARD

The community responded to the February winter storm and its aftermath in a uniquely Cedar Hill way. Countless heartwarming stories of good deeds and neighbors helping neighbors were shared: sharing firewood and groceries; opening homes, businesses, and churches for shelter; distributing food to the neighborhood; and offering a helping hand with water leaks.

Please help us recognize these acts of kindness! Visit cedarhilltx.com/goodsam or call (972) 291-5100, ext. 1099 to nominate your neighbor for their actions helping others during difficult times. We look forward to hearing from you and providing the kind of recognition that great people deserve for good deeds well done.



MARCH 2021

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GET MORE NEWS AT
[CEDARHILLTX.COM](https://cedarhilltx.com)

CEDAR  HILL

PEOPLE

MAKE IT A COMMUNITY



Council Member Gregory Glover presents the Good Samaritan Award to Cedar Hill resident Jeri Bass.



Mayor Mason presents a proclamation designating February as Black History Month to Tri-Cities NAACP President Janis Dunn.



Council Member Daniel Haydin recognizes Eagle Scouts Brenna Homuth, Constance Lamkin, and Isabelle Walker of Troop 520-G.

CEDAR HILL RESIDENTS ELIGIBLE FOR INDIVIDUAL ASSISTANCE FROM FEMA

Cedar Hill homeowners and renters who sustained damage may now apply for disaster assistance with FEMA.

If you have insurance and are applying for disaster assistance, you must also file a claim with your insurance company as soon as possible. By law, FEMA cannot duplicate benefits for losses covered by insurance. If insurance does not cover all your damage, you may be eligible for federal assistance.

The fastest and easiest way to apply is by visiting www.disasterassistance.gov.

If it is not possible to register online, call 800-621-3362 (TTY: 800-462-7585). The toll-free telephone lines operate from 8 a.m. to 10 p.m. CDT, seven days a week. Those who use a relay service such as a videophone, Innocaption or CapTel should update FEMA with their specific number assigned to that service.

When you apply for assistance, have the following information readily available:

- A current phone number where you can be contacted
- Your address at the time of the disaster and the address where you are now staying
- Your Social Security number, if available
- A general list of damage and losses
- If insured, the insurance policy number, or the agent and company name
- If it is safe to do so, start cleaning up now. Take photos to document damage and begin cleanup and repairs to prevent further damage. Remember to keep receipts from all purchases related to the cleanup and repair.

Disaster assistance may include financial assistance for temporary lodging and home repairs, low-interest loans to cover uninsured property losses, and other programs to help individuals and business owners recover from the effects of the disaster.

Low-interest disaster loans from the U.S. Small Business Administration are available to businesses, homeowners and renters. Call the SBA at 1-800-659-2955 (TTY: 800-877-8339) or visit www.sba.gov/services/disasterassistance.

CITY CREWS WORK 24/7 TO SERVE RESIDENTS DURING RECORD WINTER STORM

Last month's record-setting winter storm impacted nearly every aspect of life across Texas. As the storm rolled in, your City leaders, first responders, parks and public work crews, and so many more worked around the clock to respond and serve residents. Crews worked sanding operations, responded to public safety calls, dispatched rapid response teams to shut off water at homes with burst pipes, offered a temporary warming station at the library to serve more than 130 people without power or heat, distributed bottled water, and deployed resources to help our most vulnerable residents.



CALENDAR OF UPCOMING EVENTS

City Council Meetings

Mar 23; April 13 & 27 at 6 p.m.
View agendas and meeting access information at cedarhilltx.com/agenda.

Government Office Closed for Good Friday Holiday

Friday, April 2

The Cedar Hill Government Center, Alan E. Sims Recreation Center, Tri-City Animal Shelter, and Zula B. Wylie Public Library will be closed Friday, April 2 in observance of the Good Friday holiday. Find city services online at cedarhilltx.com.

Election Day

Saturday, May 1

A City Council election will be held on Saturday, May 1, 2021 to elected Places 1 and 4. Early voting from April 19 to 27. Find registration information and polling locations at dallascountytvotes.org.

**VIEW THE FULL CALENDAR AT
CEDARHILLTX.COM/CALENDAR**

CEDAR  HILL

COPING AFTER A DISASTER

It is natural to feel stress, anxiety, grief, and worry during and after a disaster like the winter storm we experienced in February. These events create a tremendous amount of stress and anxiety for those directly and indirectly affected. In the days and weeks following the disaster, you may begin to have some of these common reactions:

Common Reactions

- Disbelief and shock
- Fear and anxiety about the future
- Disorientation; difficulty making decisions or concentrating
- Apathy and emotional numbing
- Nightmares and reoccurring thoughts about the event
- Irritability and anger
- Sadness and depression
- Feeling powerless
- Changes in eating patterns; loss of appetite or overeating
- Crying for “no apparent reason”
- Headaches, back pains, and stomach problems
- Difficulty sleeping or falling asleep
- Increased use of alcohol and drugs

Tips for Coping

It is ‘normal’ to have difficulty managing your feelings after major traumatic events. However, if you don’t deal with the stress, it can be harmful to your mental and physical health. Here are some tips for coping in these difficult times:

- Talk about it. By talking with others about the event, you can relieve stress and realize that others share your feelings.
- Take care of yourself. Get plenty of rest and exercise, and eat properly. If you smoke or drink coffee, try to limit your intake, since nicotine and caffeine can also add to your stress.
- Do something positive. Give blood, prepare “care packages” for people who have lost relatives or their homes or jobs, or volunteer in a rebuilding effort. Helping other people can give you a sense of purpose in a situation that feels ‘out of your control.’
- Ask for help when you need it. If you have strong feelings that won’t go away or if you are troubled for longer than four to six weeks, you may want to seek professional help.

The national Disaster Distress Helpline (call or text 1-800-985-5990; for Spanish, press “2”) is available for crisis counseling and support 24/7. People with deafness or hearing loss can use their preferred relay service to call 1-800-985-5990.

Source: Mental Health America, mhanational.org/coping-disaster

STAY CONNECTED



CEDARHILLTX.COM



CONTACT CITY OF CEDAR HILL

Emergency	911
Administration	(972) 293-1467
After Hours	(972) 780-6643
Animal Control	(972) 223-6111
Animal Shelter	(972) 291-5335
Building Inspections	(972) 291-5100 ext. 1090
City Secretary	(972) 291-5100 ext. 1011
Code Enforcement	(972) 291-5100 ext. 1111
Fire Dept. (Non-Emergency)	(972) 291-1011
Human Resources	(972) 291-5100 ext. 1054
Library	(972) 291-7323
Municipal Court	(972) 291-5100 ext. 1041
Neighborhood Services	(972) 291-5100 ext. 1099
Parks & Recreation	(972) 291-5100 ext. 1500
Police Dept. (Non-Emergency)	(972) 291-5100 ext. 2400
Public Works	(972) 291-5126
Recreation Center	(972) 293-5288
Senior Center	(972) 291-5353
Tourism	(972) 291-5100 ext. 1084
Trash & Recycling	(800) 772-8653
Utility Billing	(469) 272-2931

